

# SUMMARY

The doctor's theme are long-term penalties. Their rules, goal and effects.

Chapter One performances issue concepts and the evolution of these penalties. In the following part of Chapter is very widely discussed the essence of punishment containing content and goals of punishment. Then Chapter have been discussed definitions of criminal penalties in Polish science. This Chapter ends overview penalties in Polish criminal law.

Second Chapter contains description place and role criminal punishment as a reaction medium for a crime. In this Chapter has been discussed imprisonment as ultima ratio smaller crime, after which we have serious crime. In the end of this Chapter they have been described the legitimacy and goals rule and long-term penalties.

Third Chapter contains a description exercise long-term penalties through detailed data of types prisons and sort prisons. Then Chapter have been discussed system penitentiary law leaning rules of international law. In the end of this Chapter we have description of the measures influence penitentiary. Belong to them: education, work, contacts with people from without prison and cultural activity. Observance order and discipline.

Fourth Chapter have been discussed research which were carried in prisons in: Koronowo, Potulice and Bydgoszcz. Description of the goals, subject of study, problems of study and hypothesis. This Chapter have been discussed also methods and research techniques.

Chapter five have been discussed interpretation and research results, which they result from the conclusions. They can be to discuss demands reforms or to cease bad ideas change criminal law.

Doctorate at the end it contains conclusions, extensive summary containing demands de lege ferenda.

In the end doctorate contains bibliography: legal acts, certification and websites. Annex it contains survey which one were the basis of research. Doctorate ends list of tables.